

Aware of Choosing

*I am aware of choosing to take this on,
as I stand on the firey edge of the
pit of my own destruction,
As i fight the addiction, the lifetimes
of learned responses
of defeat, trauma, drama, fear.
I am aware that i am breaking eons of patterns.*

*Aware of choosing to take this on,
this righteous battle,
to be the Warriress of Light
As my freedom ripples through my lineage,
future & past
breaking us all free
from these familial chains of pain.*

*Re-Create the Garden instead.
2 dream a beautiful dream.
2 live the dream
of self-love self-honoring,
embody the Divinity I really am.
Being my own Beloved.
Creating a life I love 2 live
Feeling, believing my life is sacred.
Claim each moment as sacred.*

*Recognizing & releasing
the chemical/emotional patterns
embodied thru lifetimes, genetic imprints
so easy to slip to the brink of destruction
once again.
Breaking through the magnetic pull,
seduction of past patterns,
familiar chains of pain,
deep grooves in the brain.
Escaping the trap of negative, limiting beliefs*

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becoming self-fulfilling realities.

*I now chose to Hold my sacred self
tenderly with honor, love, respect.
Hearing, holding, healing, freeing
& connecting to the sacred inner child.
Acknowledging & accepting her gifts
of innocence, openness,
curiosity & joyous she brings.*

*Hearing, holding, healing, freeing,
connecting with the sacred inner teen-angel.
Acknowledging & accepting her gifts
of hopefulness, enthusiasm,
passion & excitement she brings.*

*Loving my life so fiercely
I'm willing to walk to the fiery brink
of the pit of my own destruction
& to stare into its eyes
To fall into & be consumed by
the pain I have run away from,
the greatest pain of all,
the abandonment of my sacredness.
I chose to begin the work,
the recognizing & releasing,
embracing & healing.*

*Recognizing the detours & dead-ends
that took me away from my inner knowing.
I found the point farthest from Her light,
the heaviest, most painful place,
& I cried out Her name.
She came & loved & guided me hOMe,
through friends, dreams, visions, & prayers.*

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*Each moment of Life is sacred,
Now I am aware of my responsibility
for each thought, each feeling I send out into the universe,
to walk, talk, think, dream, pray & intend in sacredness.
I now chose to create a life of sacred Intention.
I now chose to live the dream
of a Garden of Harmony,
with all my relations, in all the directions,
sisters & brothers, earthly & ethereal.*

*Sacred Guidance of Angels & Ancestors
Teams of Divinity, Warriors of Light,
Embrace me, Heal me, Guide me, Bless me.
Embrace, Heal, Guide, Bless us all*
SO IT IS**