

METATRON MINUTES

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Will the Benevolent ET Races Be Contacting Planet Earth Soon?

Reading by Carolyn Evers

This is an issue that comes up frequently because humans want someone else to solve their problems instead of searching their own mastery of soul for solutions. This is a time of expectation on the part of the Spiritual Hierarchy and that expectation is one where the humans on your planet wake up to the fact that true spiritual mastery means taking care of your own requirements and expanding your efforts to help others.

Part of the reason why humans do not reach out to help others and solve their own problems is because for too long humanity has been under the control of the dark and those who wish to dominate others for their own personal gain.

This formula has become so ingrained in the human mindset that you don't even understand that you are reacting to the outside world as a young child would react to their problems. A child searches for someone else to come and solve their problems rather than taking the effort of expanding their own abilities to move through their journey being responsible for themselves.

There is much information coming to you and especially through the internet discussing Ascension, and again there is apathy to do what is necessary to do in order to prepare the physical and the ego for this giant expansion or change of spiritual abilities.

So let us first discuss the community from the Galactic Federation and their thinking and

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their plans. We would like to say that the Galactic Federation has been guiding and protecting humanity for a long time. However, guiding and protecting humanity doesn't mean that they will personally come and solve all of your problems. We of the Galactic Federation and those masters of the Advanced Brotherhood understand that you cannot advance beyond your borders of understanding and abilities unless you take command of your own life's path.

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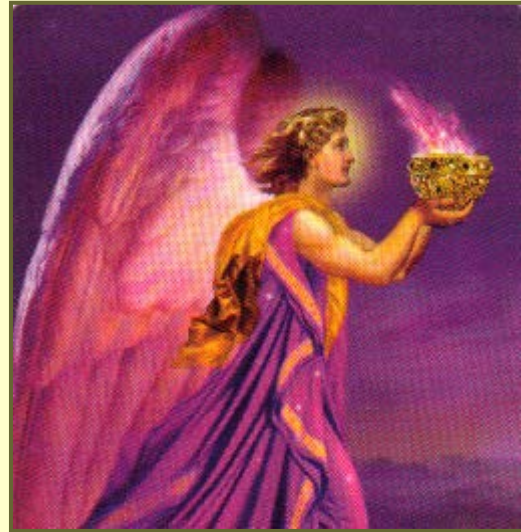
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Part of that is responsibility of course, but also part of that is planning how your future and the future of your beautiful planet will evolve. What is not understood is that your evolution is also in your own hands and your ability to manifest and nurture your own evolution. This cannot be done until and unless you reach up and decide to become your own masters of destiny and that certainly means that others cannot do this for you. We can guide you, assist you, but we cannot do this FOR you.

Who you call ETs will not form a rescue party. They will not come and take away your opportunities to enjoy your own self determination and this will happen if they come and make your changes for you. What is so beautiful is to be able to plan your own future and put into place those elements to make certain that your plans indeed become fact. There is a beauty to this and a self satisfaction to know that one overcame all the obstacles and created a life path that was pleasing in total accord to your intentions.

Saying all of that I will continue to give you some ideas of what is planned from our perspective. We will continue to lay out the parameters of our assistance by announcing the coming energies and how they integrate with opportunities in your life. We continually upgrade these energies because it is these energies that help you to grow spiritually. Knowing that it is necessary to understand these energies we do make certain that many of our ground crew that take down these messages that you call channellers are working very diligently in your behalf.

We hold back the negative forces as much as we can from our side of the divide. People on



Earth do not understand our struggles with those who wish to take over planet Earth for their own use. The ones that you call the dark have this intention to usurp your beautiful planet for their own use and we will make certain that this does not happen.

The Galactic Federation also keeps the skies clear of invading or malevolent extraterrestrials. There is that problem. Because entities come from other planets does not mean that their intentions are honorable. There are still rogue civilizations and your planet is a prize. All planets do not have your beauty or your resources. This is a greater job than one might surmise, but we win over this possible event as we understand that war between your planet and an invading nation would cause great havoc and destruction for your world.

We are helping to prepare the physical body for Ascension, even though you do not consider that there is a need for preparation. There was a dispensation given so that all the past life trauma or what might be considered karma, can be cleared in this one lifetime. This is a large dispensation because in the past souls had to clear their own karma and at the end of a lifetime if the negativity had

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not been cleared, souls came back with additional work to be done as well as working through their own lifetime to complete their missions. Now people can use energy workers to clear all of this in one lifetime. This is a most marvelous gift and is not recognized as such presently.

We give you all the support that is necessary as far as it is concerned from an external support system, but we expect humanity to fulfill their own destiny. What you do not see is that if ETs came to you and brought forth their own technology to solve your problems, you would not be fulfilling your own destiny, you would again be the victim of some outside source fulfilling your destiny.

You will continue to see them in your skies so that you know that our presence is there, but we will not be landing and we will not be directing your destiny. However we will continue to give you all the support that is possible.

There is enough light on this planet for you to see dramatic changes towards the possible lifestyles of humanity and that will come soon. Until the next time when we continue this message I remain here working with the consciousness of humanity for your advancement and assisting you to fulfill your own destiny.

Lord Metatron

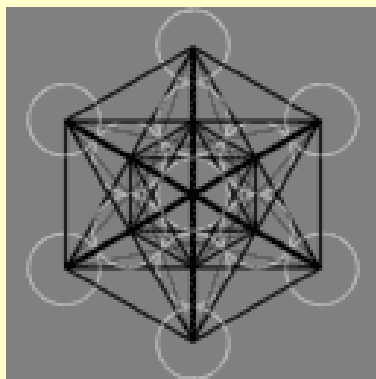
Archangel Metatron Readings and Soul Healing

"Those who come to me through a soul reading will receive a gift from me. You will be connected to my energetic body and I will teach you how to send your future questions to my mind and heart and you will hear my answers. This guidance will stay with you during your entire lifetime."

Lord Metatron

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What is Ascension? By Lord Metatron

Ascension from my point of view is a simple definition even though humanity seems to make it difficult. The word Ascension tells you something. The verb ascend is contained in the word. Ascend means to move up in some form. Therefore, to ascend means that the vibrations of the soul and the physical body that contains the soul increases until both of them are able to reach a higher plane of existence. Most people could identify with these words and probably agree with them.

However, it is the circumstances that surround this event that confuse people. Where does one go and how does one get there? Even Masters and souls on higher levels seem to have some differences in opinion depending on the work that they are involved with.

Since I hold the keys of consciousness for humanity towards their Supreme Maker in the center of the cosmos, I have a much broader view of Ascension since I am more aware of the many different layers of experience between what is held in the center of the cosmos and what humanity experiences presently.

In the fuller view of that which I hold as truth, what most consider Ascension to my viewpoint is but just the start of a very long journey which takes one back to source in toto. What I mean by that is that the soul will eventually connect with Source with all their memories intact, but the physical will change very dramatically by the time the soul encounters Source.

Yes, I am saying that the physical form will make its way back to the Ultimate Creator, but it will be very different from your current physical body.

It will not be dense, but rather the electrons of the physical will be of a different formation and there will be larger spaces between the electrons, but one will be able to decipher the electrical charge of the form. So what I mean is that the physical body will be more electrical rather than a hard substance. The Maker-Of-All wants to see you empowered by all the experiences that you have developed and this will not be shorn from you as you will go back with all your memories intact.

On the first several changes in the dimensions, the physical body from at least the external point of view will not go through many changes, but internally there will be many changes. Internally all the cells must be changed from a carbon-based structure to a crystalline organic structure. Another way of saying this is that the cells will hold light in a manner that hasn't been experienced since Atlantis. The electrical wiring in the physical body must change also so that the organs and the brain will accept more of the light that exists in the higher vibrational pools. What I mean by this is that even light changes in the higher dimensions, as light has the ability to be contracted or compacted in your dimension also.

There are other changes in the physical body that must be completed before moving to higher dimensions. The connections in the brain must be completed. In Atlantis the brain was divided because humanity chose to work on a lower objective rather than being aligned to their God. Memory had to be cut to a certain requirement because memory brought forth great spiritual abilities and these abilities could be used in a manner that could harm other humans in their soul construction.

Remember your abilities are a reflection of God's abilities and remembering them brought you great power.

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Continued... What is Ascension?

This had to change so that all souls could be allowed to follow their path without harm from the dark. As you move ever upward, what was lost will be regained. Therefore the brain will be connected so that what spiritual information does come to the individual will not be countermanded by logical thought. Logical thought or the scientific protocol destroyed the spiritual connection with God and all the gifts that were intended.

In the dimension that you find yourself all the gases and organic particles have been compacted and as I said and that applies to the light also. Light can heal and light can sustain as it is God's love. Light has no words per se, but rather light is an emotion which as it comes from God or Source, is only love as God is only love.

Compacted in your dimension, this light has less room to work and be effective and it takes a longer time to obtain a result. That is the reason why we say that on the higher planes, or dimensions, the particles are faster and they are spaced further apart.

Now getting back to a broader perspective, I tell you there is much more to Ascension than moving through a dimension or two. Humanity has kept their eyes on this first jump in understanding and awareness because many of the Masters, who guide the human race, felt that it would be discouraging to search beyond the bend so to say and see experiences or life from a broader perspective.

One of the reasons that humanity has stayed so long in the reincarnational wheel of expression is because they have not considered the fact that life on Earth is just the beginning of a journey in experiencing all life and life forms. For the most part, if you find yourself on Earth, you are probably one of the roving reporters of the cosmos. Their job is to experience life in all parts of the cosmos before they go back to Source.

There are some souls on Earth that are the wayshowers in some fashion and they are on assignment so to say and their journey is slightly different from the mass majority on Earth presently. I bring these truths forth so you understand that there is much joy before you but it doesn't come without the work that is necessary to attain spiritual perfection. Contrary to what some think, this is not a free ride.

Ascension through the eyes of Mother Mary

I consider you my children and I am here to support you as a mother supports her children. Therefore, I perceive Ascension as the next step rather than a grander perspective that is held by Lord Metatron. Mind you, I do not disagree with his assessment, but rather I am here to give you the next step in your progression.

Ascension thru Mother Mary's Eyes, continued

Humanity seems to be caught up in what comprises each dimension and how you can tell which dimension you are working with. I do not see that as germane to the question of advancement. ***I feel it is best to make certain one has opened up the heart structure to receive love and to give love freely. I feel that if one can do that then arriving at the next higher dimension is assured.***

We have spoken of this before, but I will mention it again as I feel this is extremely important. There are three aspects of the heart structure that involve love. One is the beating heart itself, the second is the heart chakra and the third is the heart mind. These three structures comprise the heart structure which is necessary to give and receive love to the fullest.

The dark understood that this was of great importance to the development of the soul and very early in humanity's existence, the dark wove its nefarious web in order to shut down this composite center. This was done through the emotions of shame, feeling LESS THAN and lastly being dominated and controlled in their (humanity's) belief patterns and other forms of abilities.

This has been a tool of the dark for eons as they understood that to prevent humanity from living joyfully and being able to connect with the light of God's love, it was necessary to shut down the love center. And once this was shut down it became difficult to open up the heart to love again.

I see the progression of Ascension to open

first the love center to give yourself completely to your God and to be in service to humanity in general and support the health of your planet Earth.

This is the pattern of awareness to what is around you. I feel that you cannot become cognizant of the longer path if you cannot become aware of what is around you now. It is these day to day activities that are the seat of power and progression in the present. Therefore your energies must be aligned with God's energies and those energies are love.

If one cannot love then one is lost to the process of ascending to the next higher dimension as it is the vibrations of love that will allow entry into the next higher dimension. I call that a checkpoint where the dark cannot enter. You might consider this the 5th dimension. We consider this the angelic realm and it supports your future in the near term. Each dimension has the support of beings in a higher dimension. That is a law which is universal. No-one is an island so to say. Each owes their support and guidance to beings more advanced and developed than them. That also is a law that is universal. When Source created all of their works, they created a world of cooperation and understanding for all life. It is the way.



Ascension according to Archangel Michael

To my beautiful beings of light: You came with me when this world was created by the Elohim who had permission from Source to create and develop this galaxy. You and I understood that this was to be a pattern of love and when that love force was completely understood in all its implications and abilities, we would move on to another galaxy that we would have a hand in creating. We would be taking this love focus with us and in that mission we would bring heaven down upon Earth and take this love force with us to the next galaxy that I call the Golden Galaxy.

For me and my lightworkers that is the next step. We are not working within the progression of what you call Ascension, but rather learning and understanding your capacity to love and to bring that love to new worlds and their expression using your creative abilities. This is still on my radar screen to use your vernacular. When souls come to that checkpoint in vibrational ability, choices will be available to them. They will have the choice to stay on Earth or rather what we call the new Earth or they have the ability to come with me to the Golden Galaxy which I am preparing presently. They will come with their physical body intact as those who move to the next higher dimension will move with the physical intact.

However, to come with me, one must be aware that this is a choice. Awareness is the key as it is in everything else that happens to a soul.

Brought forth by Carolyn Evers

Archangel Metatron Readings and Soul Healing

Those who come to me through a soul reading will receive a gift from me. You will be connected to my energetic body and I will teach you how to send your future questions to my mind and heart and you will hear my answers. This guidance will stay with you during your entire lifetime.

Lord Metatron

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Leaders must be tough enough to fight, tender enough to cry, human enough to make mistakes, humble enough to admit them, strong enough to absorb the pain, and resilient enough to bounce back and keep on moving.

.....Anonymous



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